## Shelter Plus Care Permanent Supportive Housing Program Summary

http://www.maine.gov/dhhs/mh/Housing/home.html

Shelter Plus Care (SPC) is a federal program funded by the U.S. Department of Housing and Urban Development (HUD) designed to provide permanent rental subsidies and supportive services to homeless individuals with disabilities, primarily those with chronic mental illness, substance abuse, co-occurring, and HIV/AIDS. SPC is primarily administered by the State of Maine, Department of Health & Human Services-Office of Adult Mental Health (DHHS). The City of Bangor also administers several SPC grants in partnership with DHHS. DHHS and it's network of Local Administrative Agencies throughout the state, have committed to providing the direct support services and rental assistance components of the program. Following a Housing First model, initial SPC recipients are encouraged, but not required to accept the provision of services to go hand in hand with the voucher.

The collaboration of local providers, municipalities, state agencies, and the federal government is the backbone of existing SPC programs. Program participants are encouraged to work towards greater stability and self sufficiency by developing short and long term goals with their service provider. Service providers assist individuals with various housing related needs including communication with their landlord. Participants are supported in pursuing treatment, case management, educational and job training opportunities, if they choose. The 'care' component must be equivalent to the rent portion of the subsidy on a grant by grant basis. A typical example: if the subsidized rent is \$450/month, there needs to be a matching value of services.

Eligibility: all individuals participating in SPC must meet the homelessness and disability criteria as defined by HUD. Program participants pay 30% of their income towards rent and Shelter Plus Care subsidizes the remaining portion of the rent. Participants are able to choose their own living units, provided the units meet Housing Quality Standards and fall within the Fair Market Rent established for the area by HUD.

The vast majority of SPC vouchers are 'Tenant-Based' as the Department continues to enhance consumer *choice*, *independence*, *and control* as essential elements in the Recovery Model. These vouchers may be utilized within a specific geographic area, typically along municipal or county lines. There are also a few 'Sponsor-Based' vouchers may be utilized within a particular set of units or buildings that are owned or managed by the 'Sponsor', typically a housing and service agency.

For further information regarding the Shelter Plus Care program, please contact the Local Administrative Agency or Housing Coordinator nearest you. A list of these contacts can be found on the back of this informational sheet.

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BRAP and Shelter Plus Care LAA contact list						
Penobscot, Washington, Hancock, Piscataquis Counties	Aroostook County	Lincoln, Sagadahoc, Waldo, Knox, Lincoln Counties & Brunswick, Harpswell, Freeport				
Sandra Kimball Community Health and Counseling 42 Cedar St., PO Box 425 Bangor, ME 04402 207-947-0366 ext 520  Androscoggin, Franklin & Oxford Counties	James McClay AMHC Facilities, Inc. PO Box 1018 Caribou, Maine 04736 207-764-0759 Kennebec & Somerset Counties	Rita De Fio Sweetser MH 329 Bath Road #1 Brunswick, Maine 04011 207-373-3049 Cumberland & York Counties				
Karen Bate-Pelletier Common Ties 140 Canal Street PO Box 1319 Lewiston, ME 04240 207-795-6710 ext 101	Barbara Worthley Kennebec Behavioral Health 67 Eustis Parkway Waterville, Maine 04901 207-873-2136 ext 1256	Leanna Bruce Shalom House, Inc., 106 Gilman Street Portland, Maine 04102 207-874-1080				
	Central Administering Agent	* Bangor				
	Virginia Dill Shalom House 106 Gilman Street Portland, Maine 04102 207-874-1080	Awa Conteh City of Bangor Dept. of Health & Welfare 103 Texas Ave. Bangor, Maine 04401 207-941-0257				
		<u>Updated 03/24/2011</u>				

Not a DHHS Local Administrative Agent. The City of Bangor also administers Shelter Plus Care

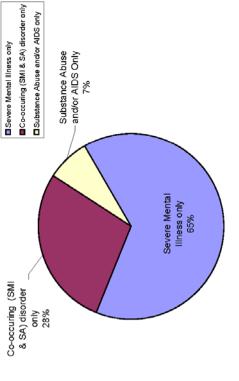
## FY 2009 Shelter +Care Disability Categories

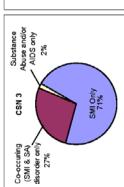
Disability Type	Count	Percentage
Severe Mental Illness only	640	%59
Co-occuring (SMI & SA) disorder only	278	28%
Substance Abuse and/or AIDS only	73	7%

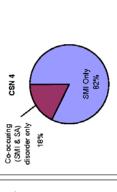
Documented Diagnosis	Count	Percentage
Severe Mental Illness	918	%26
Chronic Alcohol Abuse	231	23%
Chronic Drug Abuse	171	17%
AIDS	14	1%
Physical Disability	11	1%



CSN 2







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CSN 1	CSN 2	CSN 3	CSN 4	CSN 5	CSN 6	CSN 7	
d/or	<u>~</u>						
Abuse and/or	AIDS only						
CSN 4			7	SMI Only 51%	)		

Co-occuring (SMI & SA) disorder only 34%

Substance
Abuse and/or
AIDS only
12%

OSN 6

SMI Only 61%

		Region
		Aroostook County
	CNO	Hancock, Washington,
	2 1150	Penobscot & Piscataquis
	CSN3	Kennebec & Somerset
	V NO S	Knox, Lincoln, Sagadahoc &
	4	Waldo
	4 400	Androscoggin, Franklin &
	CONS	Oxford
Ĺ	CSN 6	Cumberland
	CSN 7	York

Co-occuring (SMI & SA) disorder only 25%	Co-occuring (SMI & SA) disorder only 27%
Co-occuring CSN 1 (SMI & SA) disorder only) 12% SMI Only 88%	Co-occuring CSN 5 Substance (SMI & SA) Abuse and/or disorder only 33% AIDS only SMI Only 62%

SMI Only 75%